

# Total Worker Health

## The Need for Worksite Wellness Programs in Kentucky

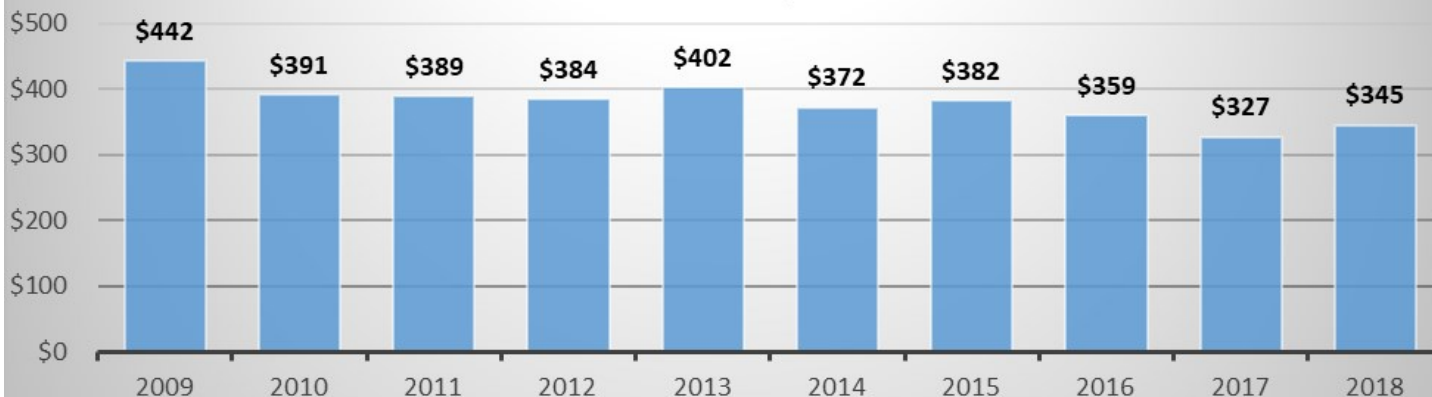
### Benefits to Employers

- Reduced healthcare costs
- Decreased rates of injury and illness
- Reduced employee absenteeism
- Increased productivity
- Increased employee retention

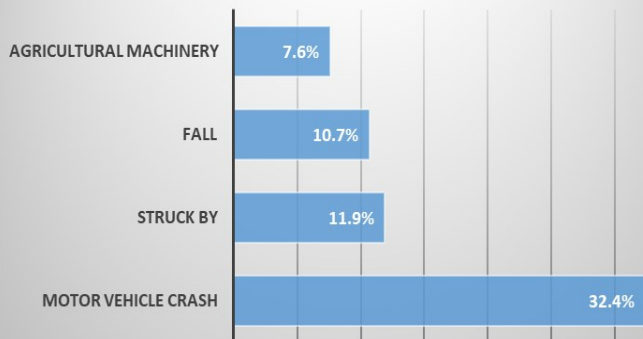
### Benefits to Employees

- Reduced risk of personal injury
- Weight reduction
- Improved physical fitness
- Lower levels of stress
- Increased stamina

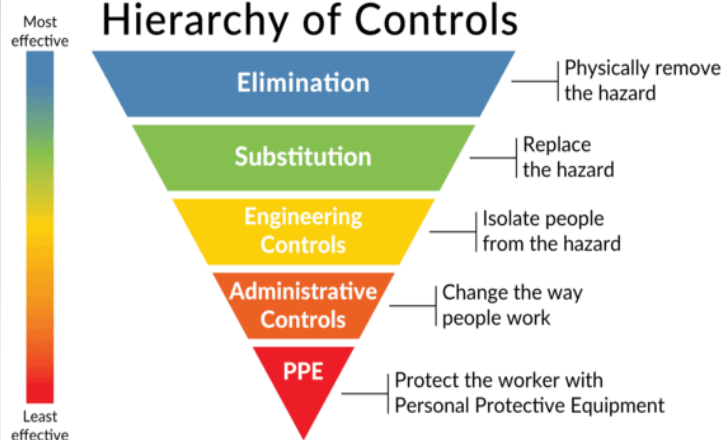
Average Amount of Worker's Compensation Benefits Paid per Worker per Year in Kentucky, 2009-2018



Kentucky Worker Death Incident Type Expressed as Percentage of Total Incident Types, 2011-2020



### Hierarchy of Controls



Kentucky Occupational Safety & Health Surveillance Program, August 2021