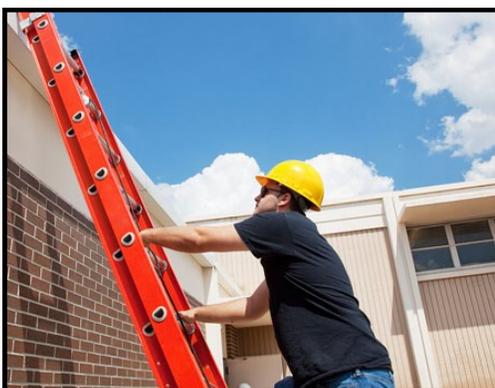


Preventing Construction Falls Due to **MISUSE OF PORTABLE LADDERS**



You risk falling from ladders if they are not properly positioned and maintained.

Remember to:

	Ensure side rails of ladder extend 3 feet or more above the landing.
	Firmly secure top side rails to a strong support and use a grab device when a 3 foot minimum extension cannot be obtained.
	Check the ladder for any defects or broken parts before use.
	Maintain a 3-point contact when on a ladder.
	Never apply more weight than the ladder is designed to support.
	Never use a ladder that does not comply with OSHA standards. [see 29 CFR 1926.1053(a)(1) for safe access means]

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