



Welcome to The HUB-

We are so happy you are here!!!

History of KRDDHD and Harm Reduction

- April 2015 SB 192 passed authorizing NEPs
- August 2017 Owsley County
- October 2017 Lee County
- April 2018 Letcher, Perry, Wolfe Counties
- October 2019 Knott & Leslie Counties

“Dream it up and let’s make it happen”

The good thing about problems.... is there’s solutions!!!

- Community needs and barriers:
- Stigma associated with “harm reduction” aka needle exchange (community & staff)
- Under utilized services and resources.
- Lack of after care (Recovery Support) programs- AA, NA, Celebrate Recovery, etc.
- Transportation
- Employment
- Housing
- Homelessness

The HUB billboard on Highway 52 in Beattyville, Ky



Introducing



Located at:
**The Lee County Health
Department Annex**
45 Center Street
Beattyville, KY
606-216-6483



- Recovery Coaching
- Offender Corrections Education
- Emergency Food & Clothing
- Transportation
- Help for Family & Friends
- CR, AA, NA, Relapse Prevention
- SMART Recovery
- Parenting Classes
- Overdose Response
- Casey's Law Advocacy
- Substance Use Treatment
- Sober Living/Transitional Housing
- Employment Readiness
- Leave Behind Program
- New Beginnings Program
- Food Commodities (60+)
- Telehealth- physical & behavioral
- Anger Management

One Stop Resource Center for anybody in **Addiction** and **Recovery!**
Come See Us!

Meet the HUB staff ☺



Jo Ann Vanzant

Harm
Reduction
Program
Coordinator



Michael Hicks

Peer
Support
Specialist



Melissa Vanzant

Harm
Reduction
Outreach
Specialist



Shawn Maynard

Peer
Support
Specialist



Rebekah Hogan

Community
Health
Worker

The Hub's Target 4 Staff



Meet our AmeriCorps Members

We Couldn't Do what we Do without them!



Tabatha Bishop



Jackie Jewell



Mark O'Brian

Where there is passion for **CHANGE**.....

CHANGE is going to happen.....

Getting community by in---

- Numbers, numbers, numbers
- Recovery Events- bringing **EVERYBODY** to the table!
- Highlighting successes- celebrate **EVERYTHING!!!**
- Involving the Faith-Based Communities
- Giving the community responsibilities. (These are **OUR** people)
- **BEING THE VOICE AND STANDING FIRM AGAINST OPPOSITION.**

Bringing the community together to celebrate our 100th individual going to treatment!! ☺



Our Purpose... Our Mission...



“The Hub and the people that works here has been a blessing to me. There has been plenty of days I wouldn’t been able to eat or get cleaned up because I’m homeless. I am so thankful that they are here and offer all of the services that have to me. They have helped me in so many ways and I’m very grateful for them”

-Donna

Donna granted permission for her picture and quote to be used

New Beginnings Wrap Around Service Model

Potential Outline of Program

- Assessment and sign up for services
- Smart Recovery Class
- Individualized Peer Support Counseling – weekly/needs based.
- Attend 3 self-help groups weekly (AA, NA, CR, Relapse Prevention)
- Telehealth or in-person 1 day a week with mental health care provider.
- Random Drug Weekly/needs based.
- Community Service- assistance at The Hub with outreach, community projects/events.
- Job searching, resume building, working on housing and other barriers.
- Celebrating progress and providing reports to the courts.
- Certificate of completion.

- 27 individuals are enrolled in The Hub's Wrap Around Service Model Diversion Program called New Beginnings for the District Court system. This model will allow our peer support coaches and case managers to work one on one with individuals with low level drug charges. Our services and their participation will be court ordered with hopes to lower the rate of recidivism and provide an opportunity for individuals to change the course of their life. This will allow us to meet people where they are in the justice system and provide resources and guidance toward sobriety and self-sufficiency.

Lets Talk NUMBERS!!! 😊

The following data has been since the conception of The Hub (February 2022)

Care Coordination- 2523 individuals were assisted and met where they are to discuss treatment and other services.

Treatment- 156 individuals entered long term residential treatment or intensive Out-Patient.

Transportation- 113 individuals were transported to treatment.

Quick Response Team (QRT) - 34 referrals of overdoses from Law Enforcement and EMS that our team responded to.

Food - 1265 individuals were assisted with emergency food boxes.

Meals - 1032 meals have been served since October. We just started collecting data in October. We continuously add more services to our program.

Utilities - The Hub was able to assist 20 individuals for the month of November and December with their utility payments with our Emergency Food and Shelter grant.

Rent- The Hub assisted 1 individual with rent for the month of December with our Emergency Food and Shelter Grant.

Clothing- 258 individuals were assisted with clothing.

Employment- 24 individuals were assisted in gaining employment 4 of these individuals were homeless.

Casey's Law- 8 Families were assisted with information and filing of Casey's Law on a loved one in addition.

Support Groups- The Hub is now a State recognized SMART Recovery center and our groups can be found on their website.

- ❑ Monday- The Landing 12-Step group for youth @ 4pm
- ❑ Tuesday- Alcoholics Anonymous @ 7pm
- ❑ Wednesday- Narcotics Anonymous @ 7pm
- ❑ Thursday- SMART Recovery @ 12 pm
- ❑ Thursday- Relapse Prevention @ 1pm
- ❑ Thursday- Celebrate Recovery @ 7pm
- ❑ Friday- Strings of Hope @ 7pm (coming soon)
- ❑ Saturday- SMART Recovery Online zoom @ 6pm (coming soon)

-We are averaging 15-20 individuals attending each group. Last group had 27 individuals for CR.

Narcan- 2000 cases of Narcan has been distributed throughout the district with Hazard Police department, Whitesburg police department, Wolfe County EMS, Kentucky State Police Post 13, Quick Response teams, Lee County EMS, as well as several community events through our FR-Cara funds.

Jail Education Classes- 60 individuals are attending our jail education classes.

- Monday- Alcoholics Anonymous Three Forks Regional Jail
- Tuesday- Celebrate Recovery Three Forks Regional Jail
- Wednesday- Celebrate Recovery Lee Adjustment Center Prison
- Thursday- SMART Recovery Three Forks Regional Jail
- Friday- SMART Recovery Lee Adjustment Center Prison

Leave Behind Program- Lee County was selected to pilot a "Leave Behind Program" for the overdose emergency medical responses through FR-CARA. Lee County has distributed 50 kits.



Each Overdose Rescue Kit will contain:

- Narcan
- CPR mask
- Hygiene kit
- Safe sex kit
- Snack
- Bottle of water
- Educational brochures
- Resource guides
- Contact information for The Hub.

Parenting Classes - The Hub currently has 2 staff certified parenting instructors. This curriculum is accredited and satisfies the courts for those that are court ordered to parenting or involved with DCBS. This will allow individuals that are seeking recovery or currently in recovery the tools available to cope with reunification with the family unit SOBER.

SSP- For the months of January, February, March, April and May our syringe exchange program has over a 100% return rate for our program. Our participants show appreciation to The Hub by cleaning up the community of syringes that are not disposed up properly. We supply all our participants with PPE to ensure their safety as well.

**For any additional information, Please Contact JoAnn Vanzant at 606-216-6483

BRIDGING THE GAP

Let me introduce you to Michael Hicks- Kentucky River Districts first Peer Support Specialist!



BRIDGING THE GAP

Let me introduce you to Shawn Maynard, KR DHD Peer Support Specialist!



Things to keep in mind:

- Every community is different- people, community partners, government, law enforcement- do what works for you with the end goal in mind.
- **ONE AGENCY IS NOT GOING TO SAVE THE WORLD**– Don't be territorial... Every agency has their strengths– focus on that– share the responsibilities– be **ONE** team.
- Never get comfortable being comfortable- when things become like a job instead of a mission.. Something needs to change.
- The **RIGHT** people with the **RIGHT** heart need to be in the positions of helping. If someone is not genuine it will not work.
- **SELF CARE IS MANDATORY** for **ALL** staff in this field. You cannot pour from an empty cup!
- Do **NOT** overload your Peer Support Specialist- very easy to do because they are so needed.

#ONETEAM,ONEVISION

The whole KR DHD team is supportive
and is very proud of the HUB!
Awesome Work Team!



Thank you for visiting today!

Come back soon!

