



SUD TREATMENT AT YOUR FINGERTIPS



Kentucky Public Health
Prevent. Promote. Protect.

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PEER 2 PEER:

INFORMATION FOR PEER SUPPORT SPECIALISTS, CARE NAVIGATORS, AND OTHERS DEDICATED TO SUPPORTING RECOVERY

THE BIG PICTURE

- Finding appropriate treatment for a person who needs help with a substance use disorder can be difficult and time-consuming.
- [FindHelpNowKY.org](https://www.findhelpnowky.org) makes finding treatment programs that match a person's needs quick and easy.
- People can use the website to find treatment programs by location, the types of payment they accept, the types of treatment they provide, and the types of patients that they're able to serve.

Most people need help to recover from substance use disorder (SUD). Finding the right treatment program, however, can be complicated and time-consuming. If a person has special requirements, such as treatment that accepts Medicaid or Medicare or dependent children or pets, finding a program for them can be even harder. Fortunately, a website is available that allows people to search for treatment programs in Kentucky that meet their needs—or the needs of friends, family members or clients—and have openings.

[FindHelpNowKY.org](https://www.findhelpnowky.org) is an online treatment locator that makes it easy to search for addiction treatment options. The locator is simple to use, and a person can search for treatment options for themselves or another person. They can search for treatment programs by location and types of payment accepted, as well as by the type of treatment (such as inpatient, outpatient, intensive outpatient, or telehealth). They can also search for treatment programs that accept males, females, transgender individuals, and those who are nonbinary or intersex.

Please see reverse.

Once the person has provided a preferred location and selected the optional treatment and payment types that fit their situation, the locator provides a list of the nearest treatment programs that fit those criteria. Each is listed by city and state, with a short description of the program. Listings include contact information for the program and a link to the program's website, if they have one. Additional services provided by the program, such as employment assistance and housing assistance, are included. Providers update their programs' status regularly so that programs that are accepting new patients are indicated.

To use the treatment locator, go to [FindHelpNowKY.org](https://www.findhelpnowky.org) and click on the blue Start Your Search bar in the Substance Use Disorder Treatment box. Next, select an option from the five optional drop down filters. If the person needing help also has a mental health diagnosis, check that box. Finally, click the blue Search bar to see the list of treatment programs that meet the person's needs. Green dots indicate availability.

Note: The FindHelpNow system also includes options to search for recovery housing, mental health treatment, and naloxone. Those modules in the system are described in other Peer 2 Peer fact sheets, but they work similar to the substance use treatment locator.

To learn more about [FindHelpNowKY.org](https://www.findhelpnowky.org), visit the Kentucky Injury Prevention and Research Center's treatment locator information page at kiprc.uky.edu/programs/findhelpnow. You can also learn more at www.facebook.com/FindHelpNowKY.

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Please help us improve our services by completing a brief survey. Scan the QR code below to access the survey.



Peer 2 Peer is a product of the Kentucky Injury Prevention and Research Center, a partnership between the University of Kentucky College of Public Health and the Kentucky Department for Public Health (DPH). For more information, visit www.kiprc.uky.edu. This project is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of cooperative agreement 1 NU17CE010186 totaling \$5.4 million with 0% financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC, HHS, or the U.S. government. For more information, please visit CDC.gov.