



CULTURAL CATALYSTS:

IGNITING CHANGE THROUGH
COLLECTIVE EMPOWERMENT.

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SHREETA

“In order to create
revolutionary
change, we have to
take revolutionary
steps!”



ignite

take fire

with him you

• *“Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. Harm reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs.”*

• -National Harm Reduction Coalition

Harm Reduction finds its roots and inspiration across multiple movements and strategies emerging across the United States in the 1960s, 1970s, and 1980s:

The Black Panther Party's survival programs such as Free Breakfast for Children and health clinics

The Young Lords' launch of an acupuncture program for heroin users in the South Bronx

The women's health movement emerging from 1970s feminist activism and the fight for reproductive health

The grassroots and activist response to the AIDS crisis in the 1980s and beyond

-National Harm Reduction Coalition

Principles of Harm Reduction

Accepts, for better or worse, that licit and illicit drug use is part of our world and chooses to work to minimize its harmful effects rather than simply ignore or condemn them

Understands drug use as a complex, multi-faceted phenomenon that encompasses a continuum of behaviors from severe use to total abstinence, and acknowledges that some ways of using drugs are clearly safer than others

Establishes quality of individual and community life and well-being — not necessarily cessation of all drug use — as the criteria for successful interventions and policies

Calls for the non-judgmental, non-coercive provision of services and resources to people who use drugs and the communities in which they live in order to assist them in reducing unintended harm

Ensures that people who use drugs and those with a history of drug use routinely have a real voice in the creation of programs and policies designed to serve them

Affirms people who use drugs (PWUD) themselves as the primary agents of reducing the harms of their drug use and seeks to empower PWUD to share information and support each other in strategies which meet their actual conditions of use

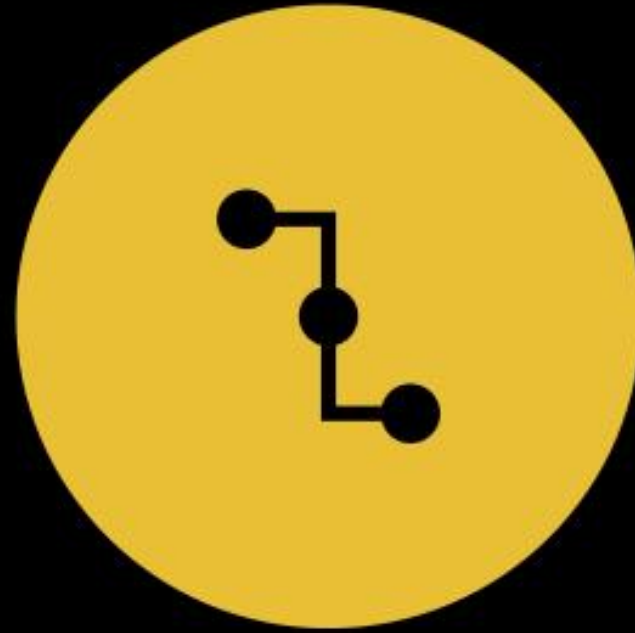
Recognizes that the realities of poverty, class, racism, social isolation, past trauma, sex-based discrimination, and other social inequalities affect both people's vulnerability to and capacity for effectively dealing with drug-related harm

Does not attempt to minimize or ignore the real and tragic harm and danger that can be associated with illicit drug use

ENGAGE...



IT'S PERSONAL...



FIND THE
CONNECTION...



WALK THROUGH
YOUR FEAR...

LET'S *ENGAGE*.....

Tell me....

- Your top 2 roles that define you most...
- Your parental guides...
- Your life experiences that immediately come to mind...



EDUCATE...



UNDO THE
IGNORANCE



GUIDE



DEMONSTRATE

EDUCATE...

Quietly.....
Think of your
profession/role

Fee free to close your
eyes...
Imagine, one bias you
believe makes it difficult to
engage...

Ask yourself...
“ Is it important for me to
engage with Black,
Indigenous, and other
folks from communities of
color, Why or Why not?”

EMPOWER YOU TO BE THE CATALYST...



Recognize the power
of culture...



Amplify diverse
voices...



Actively promote
inclusion...

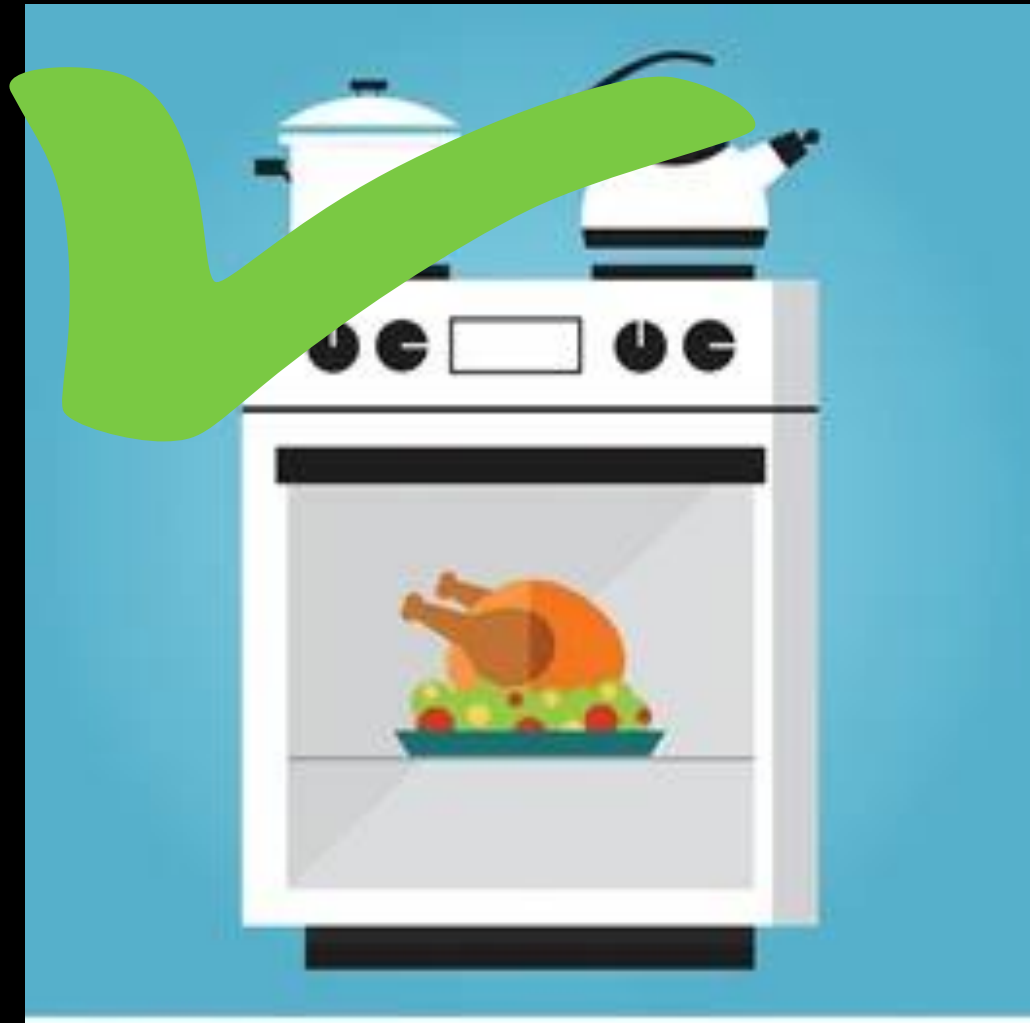
“Attraction Rather Than Promotion”

A fundamental principle in programs like Alcoholics Anonymous (AA)."



“
**THE MOST
powerful WEAPON
ON earth IS
THE HUMAN
SOUL ON
FIRE.**”

Ferdinand Foch



It's a
Journey.....



FOR MORE INFORMATION ON SETTING
UP A NARCAN TRAINING AND
OVERDOSE PREVENTION, PLEASE GO
TO OUR WEBSITE AT
WWW.KYHRC.ORG



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