



Welcome to The HUB-

We are so happy you are here!!!

History of KRDHD and Harm Reduction

- April 2015 SB 192 passed authorizing NEPs
- August 2017 Owsley County
- October 2017 Lee County
- April 2018 Letcher, Perry, Wolfe Counties
- October 2019 Knott & Leslie Counties

“Dream it up and let’s make it happen”

The good thing about problems.... is there’s solutions!!!

- Community needs and barriers:
- Stigma associated with “harm reduction” aka needle exchange (community & staff)
- Underutilized services and resources.
- Lack of aftercare (Recovery Support) programs- AA, NA, Celebrate Recovery, etc.
- Transportation
- Employment
- Housing
- Homelessness

Introducing



**Located at:
The Lee County Health
Department Annex
45 Center Street
Beattyville, KY
606-216-6483**



- Recovery Coaching
- Offender Corrections Education
- Emergency Food & Clothing
- Transportation
- Help for Family & Friends
- CR, AA, NA, Relapse Prevention
- SMART Recovery
- Parenting Classes
- Overdose Response
- Casey's Law Advocacy
- Substance Use Treatment
- Sober Living/Transitional Housing
- Employment Readiness
- Leave Behind Program
- New Beginnings Program
- Food Commodities (60+)
- Telehealth- physical & behavioral
- Anger Management

One Stop Resource Center for anybody in **Addiction** and **Recovery!**
Come See Us!

Meet the HUB staff ☺



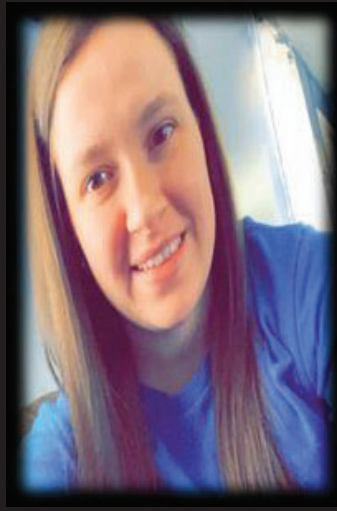
Jo Ann Vanzant

Harm
Reduction
Program
Coordinator



Michael Hicks

PSS/ TCADC



Melissa Vanzant

Harm
Reduction
Outreach
Specialist



Shawn Maynard

PSS/ TCADC



Jenna
Dunaway

Office
Support
Assistant

The Hub Staff also includes:

4 AmeriCorps Members

1 CDC Foundation Employee

KTAP Volunteers

Specialty (Drug) Court Volunteers

Pastors

Community Partners

Community Members

Where there is passion for **CHANGE**.....

CHANGE is going to happen.....

Getting community by in---

- Numbers, numbers, numbers
- Recovery Events- bringing **EVERYBODY** to the table!
- Highlighting successes- celebrate **EVERYTHING!!!**
- Involving the Faith-Based Communities
- Giving the community responsibilities. (These are **OUR** people)
- **BEING THE VOICE AND STANDING FIRM AGAINST OPPOSITION.**

Our Purpose... Our Mission...



*“The Hub and the people that works here has been a blessing to me. There has been plenty of days I wouldn’t been able to eat or get cleaned up because I’m homeless. I am so thankful that they are here and offer all of the services that have to me. They have helped me in so many ways and I’m very grateful for them”
-Donna*

Donna granted permission for her picture and quote to be used

What Makes The Hub so Different???

- ❑ Holistic Approach
- ❑ 10 Groups a week
 - ❑ Alcoholics Anonymous
 - ❑ Narcotics Anonymous
 - ❑ Celebrate Recovery
 - ❑ SMART Recovery
 - ❑ Strings of Hope**
 - ❑ Parenting
 - ❑ Relapse Prevention
 - ❑ SMART Friends and Family
 - ❑ Life Line
 - ❑ Women's Empowerment Group
- ❑ CADC (under supervision) to assess barriers
- ❑ Peer Support to bridge the gap
- ❑ Community Health Workers for linkage to resources and services.
- ❑ Community Partners working together for the individual.
- ❑ Person Centered

New Beginnings Wrap Around Service Model

Potential Outline of Program

- Assessment and sign up for services
- Smart Recovery Class
- Individualized Peer Support Counseling – weekly/needs-based.
- Attend 3 self-help groups weekly (AA, NA, CR, Relapse Prevention)
- Telehealth or in-person 1 day a week with a mental health care provider.
- Random Drug Weekly/needs-based.
- Community Service- assistance at The Hub with outreach, and community projects/events.
- Job searching, resume building, working on housing, and other barriers.
- Celebrating progress and providing reports to the courts.
- Certificate of completion.

The Hub's Wrap Around Service Model Diversion Program is called New Beginnings for the District Court system. This model will allow our peer support coaches and case managers to work one on one with individuals with low-level drug charges. Our services and their participation will be court ordered with hopes to lower the rate of recidivism and provide an opportunity for individuals to change the course of their life. This will allow us to meet people where they are in the justice system and provide resources and guidance toward sobriety and self-sufficiency.

Things to keep in mind:

- Every community is different- people, community partners, government, law enforcement- do what works for you with the end goal in mind.
- **ONE AGENCY IS NOT GOING TO SAVE THE WORLD**– Don't be territorial... Every agency has their strengths– focus on that– share the responsibilities– be ONE team.
- Never get comfortable being comfortable- when things become like a job instead of a mission.. Something needs to change.
- The **RIGHT** people with the **RIGHT** heart need to be in the positions of helping. If someone is not genuine it will not work.
- **SELF CARE IS MANDATORY** for ALL staff in this field. You cannot pour from an empty cup!
- Do **NOT** overload your Peer Support Specialist- very easy to do because they are so needed.

#ONETEAM,ONEVISION

The whole KRDHD team is supportive
and is very proud of the HUB!
Awesome Work Team!



Thank you for visiting today!

Come back soon!

