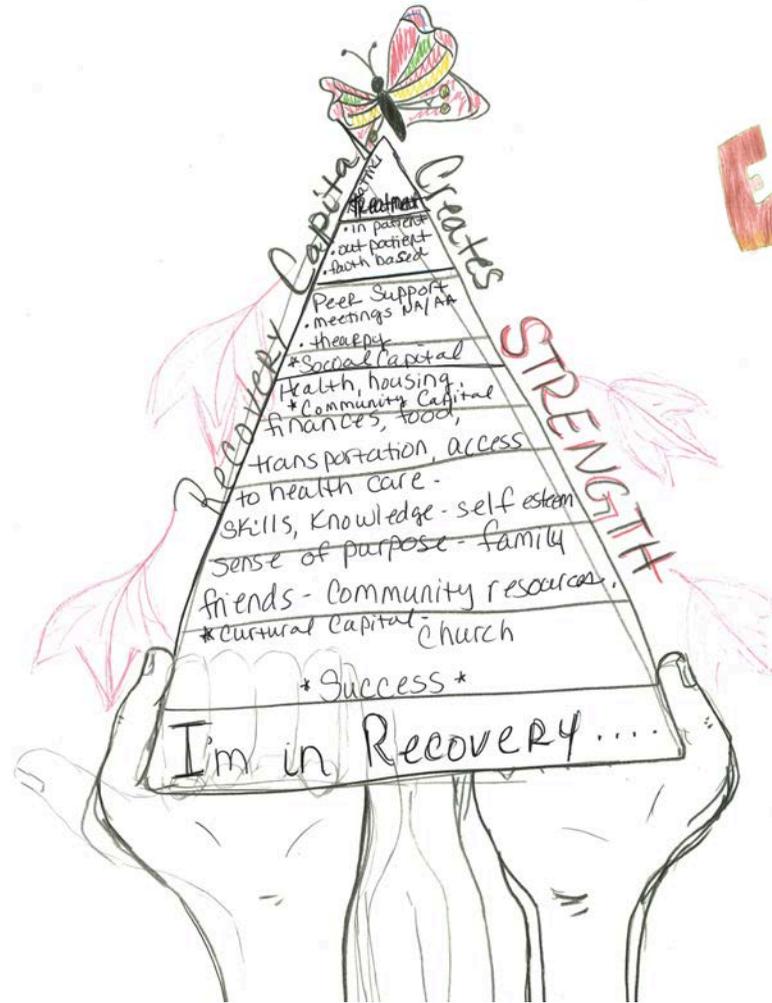
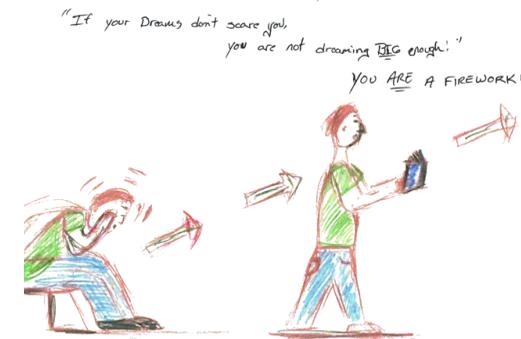
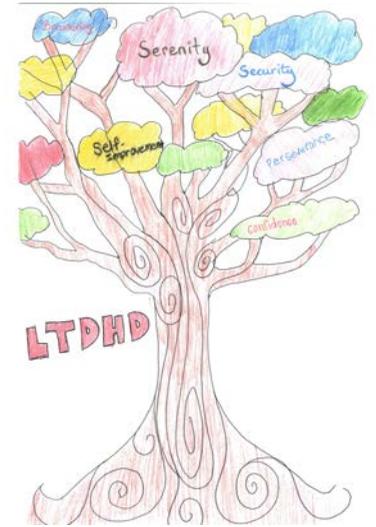


The Art of CommUnity



EMPATHY



Introduction

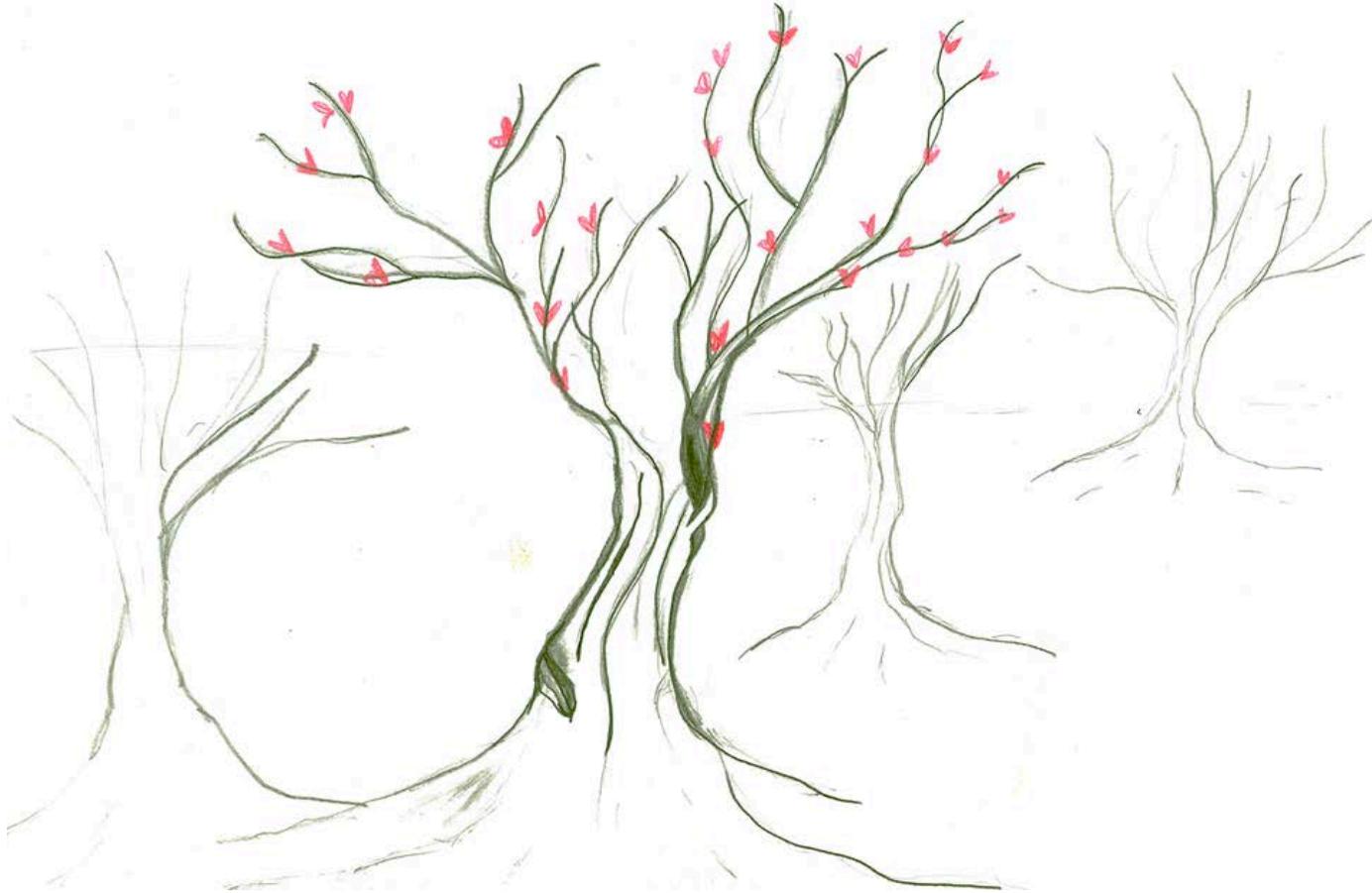
At the heart of the 2025 Kentucky Harm Reduction Summit was a vision both simple and profound: to build a true sense of community. We dreamed that every attendee would leave feeling deeply connected to a community grounded in love, kindness, hope and optimism.

As we create art, we define who we are and reject the labels others place on us. Through art, we say where we have been and where we wish to go. Through creativity, we cast off imposed labels and reclaim our identity. When art is born from community and collaboration, it becomes transformative—strengthening bonds, shaping collective identity and inspiring solutions to shared challenges.

This calendar is a testament to that spirit. Each piece of artwork was created by participants of the 2025 Harm Reduction Summit—500 individuals gathered around tables, reflecting on 12 powerful words. These words became the heartbeat of each month, weaving together themes of resilience, hope and unity.

The Kentucky Harm Reduction Summit is hosted in partnership with the Kentucky Injury Prevention and Research Center and the Kentucky Department for Public Health. The Summit is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of cooperative agreement 1 NU17CE010186 totaling \$16,222,256, with 0% financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC, HHS, or the U.S. government. For more information, please visit [CDC.gov](https://www.cdc.gov).





January

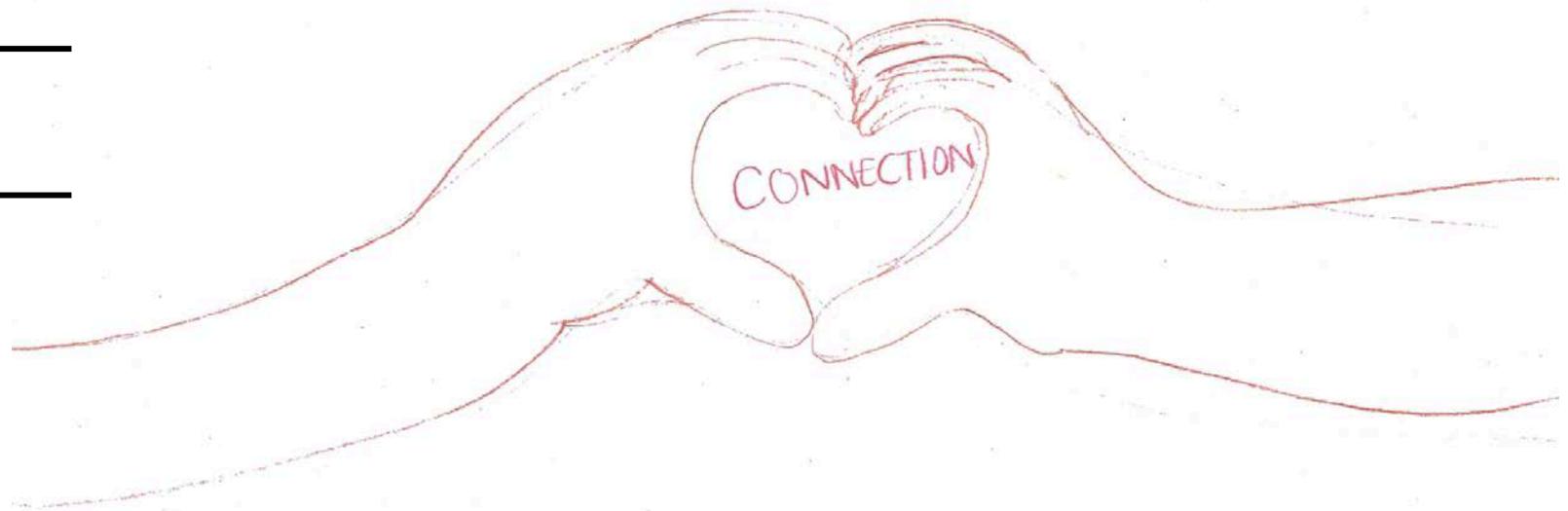
S	M	T	W	T	F	S
				1	2	3
				New Year's Day		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	MLK birthday					
25	26	27	28	29	30	31

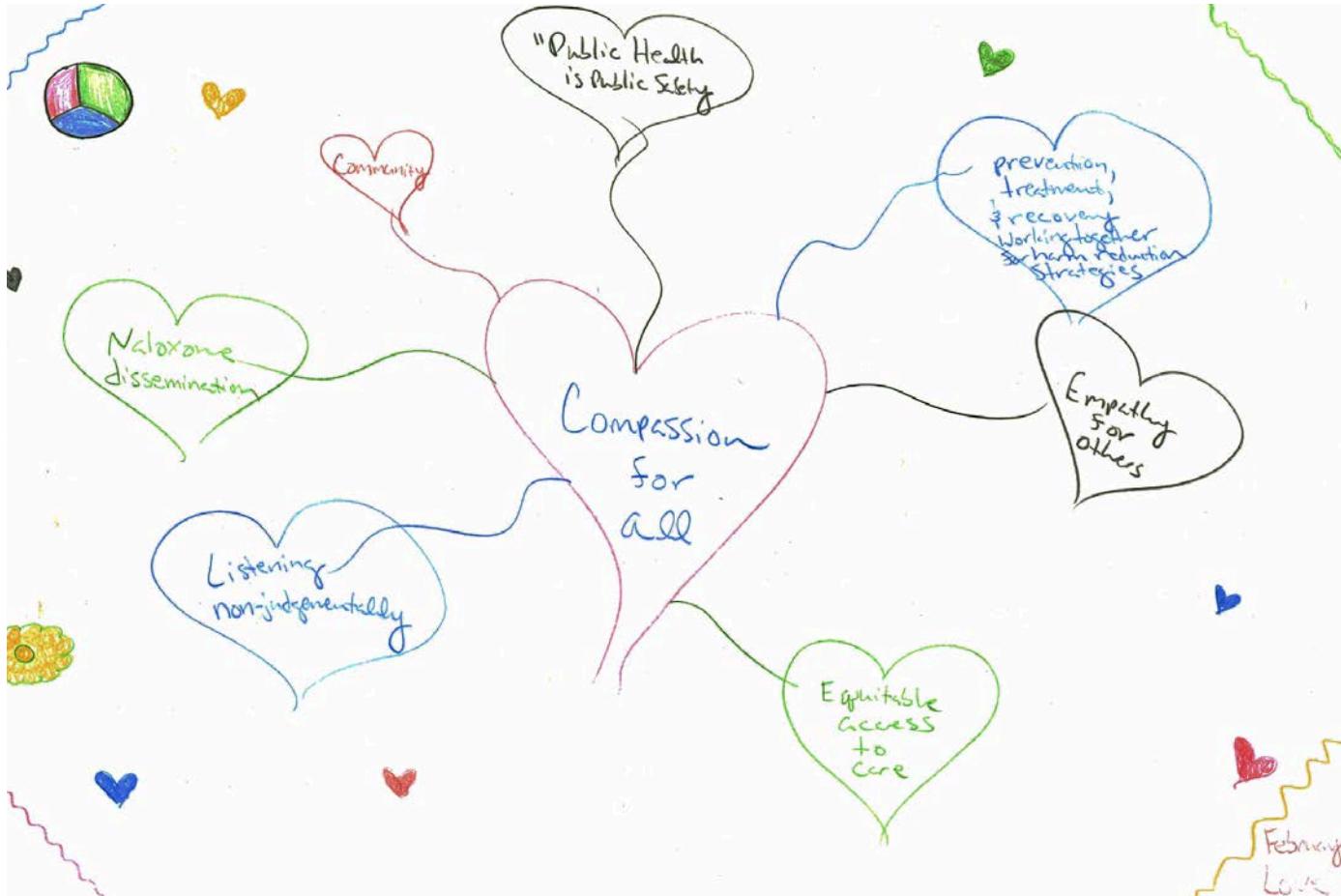
New Beginnings

- Mental Wellness Month
- National Mentoring Month
- Dry January

Notes

NEW BEGINNINGS





February

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
	Random Acts of Kindness Week					
15	16 Washington's birthday	17	18	19	20	21
22	23	24	25	26	27	28
					Substance Abuse Prevention Advocacy Day	

Love

Notes



RESILIENCE

KEEP
ON
GOING



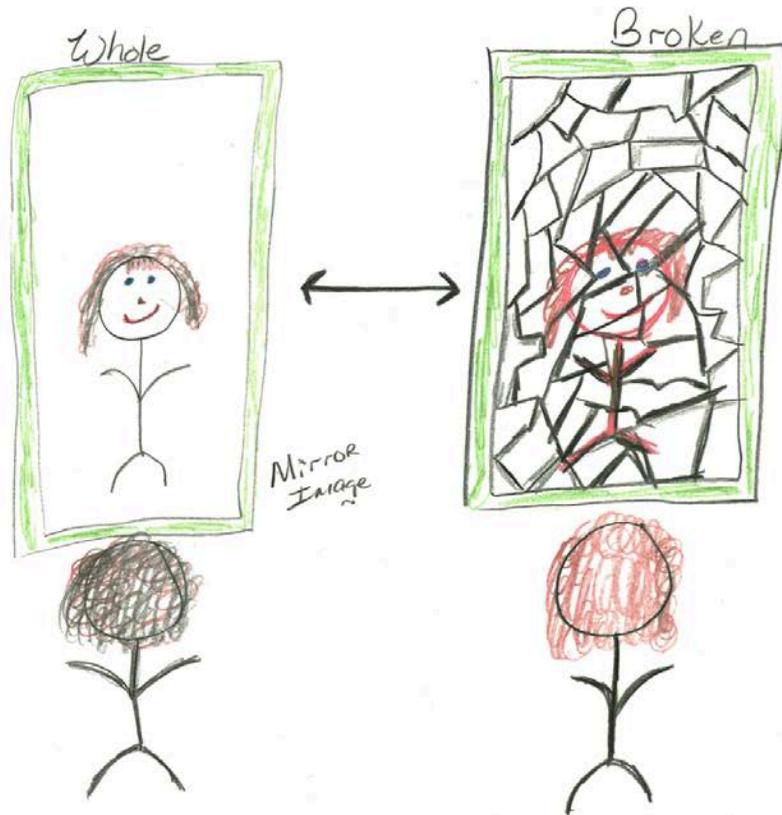
March

S	M	T	W	T	F	S
1 <small>Self-Injury Awareness Day</small>	2	3	4	5	6	7
8	9	10	11	12 <small>Nat'l No Smoking Day</small>	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Resilience

- Self-Harm Awareness Month

April



The Most beautiful
Whole is from
Broken pieces

Philosophy Behind
The Japanese Art
of Kintsugi

S	M	T	W	T	F	S
			1	2	3	4
			Take Down Tobacco/Kick Butts Day			
5	6	7	8	9	10	11
	National Public Health Week					
12	13	14	15	16	17	18
19	20	21	22	23	24	25
	Volunteer Week					
26	27	28	29	30		

Acceptance

- Alcohol Awareness Month
- National Minority Health Month
- Sexual Assault Awareness and Prevention Month
- Stress Awareness Month

Notes



May



S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	National Prevention Week					
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

World No Tobacco Day

Memorial Day

Mindfulness

• Mental Health Awareness Month

Notes





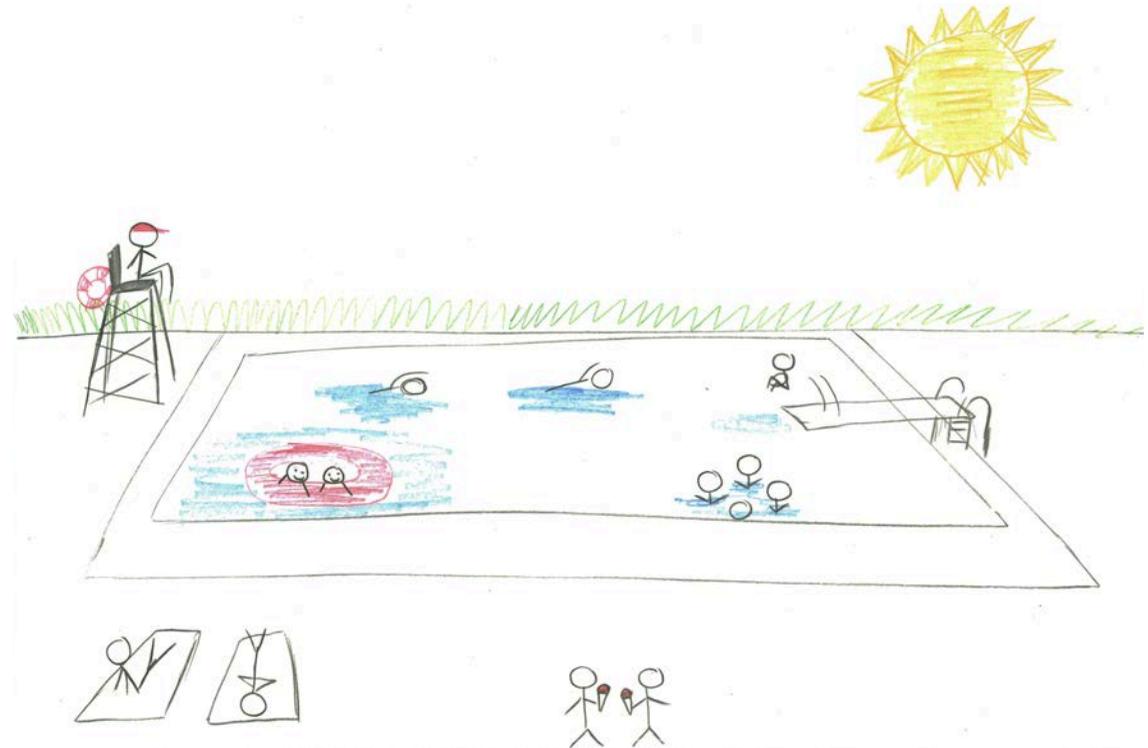
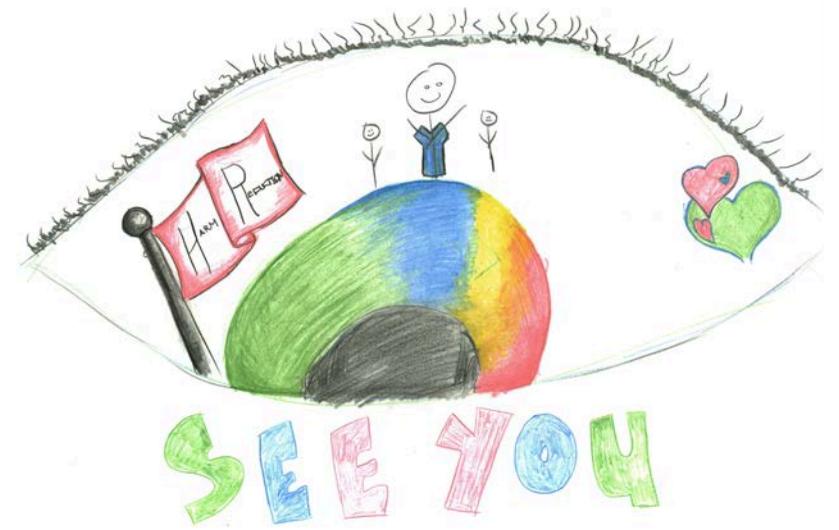
June

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
						Family Health and Fitness Day
14	15	16	17	18	19	20
					Juneteenth Nat'l Ind. Day	
21	22	23	24	25	26	27
28	29	30				

Connection

- PTSD Awareness Month
- National Safety Month

Notes



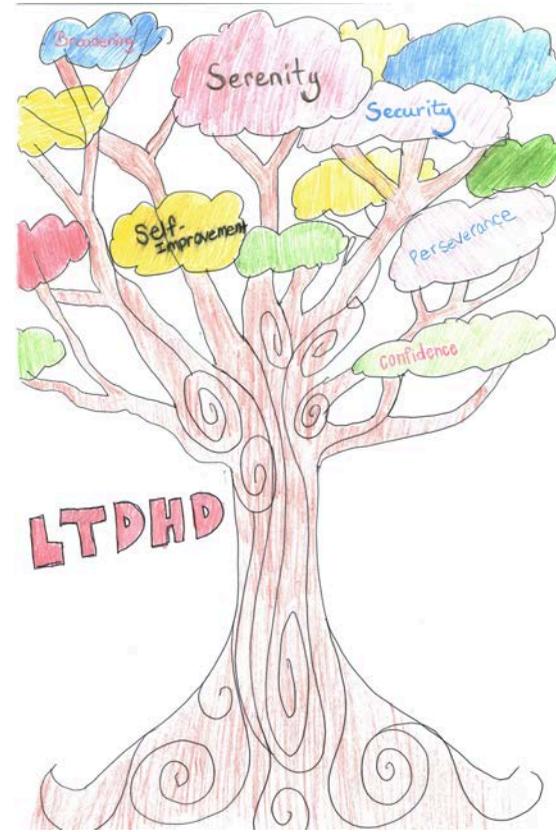


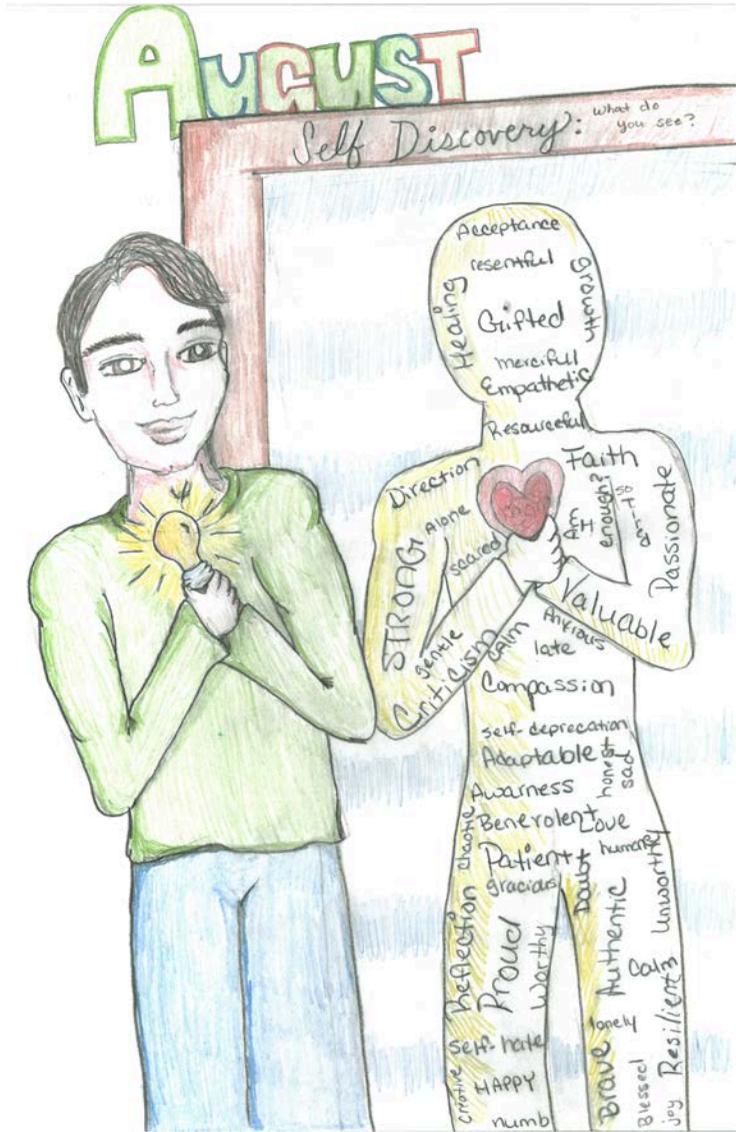
July

S	M	T	W	T	F	S
			1	2	3	4 <small>Independence Day</small>
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24 <small>Int'l Self-Care Day</small>	25
26	27	28	29	30	31	

Personal Growth

Notes





August

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
			Int'l Youth Day			
16	17	18	19	20	21	22
	Nat'l Nonprofit Day					
23	24	25	26	27	28	29
30	31					
	Int'l Overdose Awareness Day					

Self-Discovery

Notes

September



S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

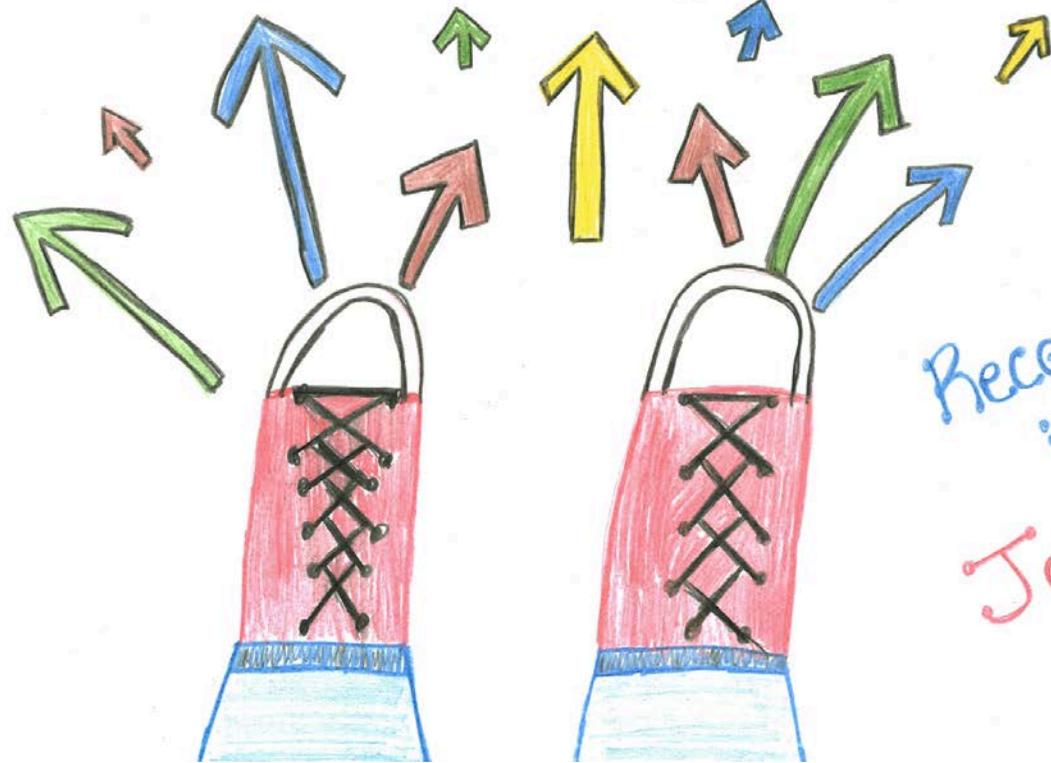
Labor Day (Sept 7)
 National Sober Day (Sept 14)
 Nat'l Opioid Awareness Day (Sept 21)
 Suicide Prevention Week (Sept 15-17)
 Recovery Awareness Day (Sept 20)

Support

- National Recovery Month
- National Suicide Prevention Month
- National Alcohol & Drug Addiction Recovery Month
- Healthy Aging Month
- Pain Awareness Month
- Baby Safety Month

Notes

Multiple Pathways & Destinations



Recovery
is a
Journey

October

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
					Nat'l Depression Screening Day	World Mental Health Day
11	12	13	14	15	16	17
	Columbus Day					
18	19	20	21	22	23	24
	Global Peer Support Celebration Day		National Health Education Week			
25	26	27	28	29	30	31
	Red Ribbon Week					

Journey

- Substance Use Prevention Month
- Depression Awareness Month
- National Youth Substance Use Prevention Month
- National Bullying Prevention Month
- National Depression and Mental Health Screening Month



November

S	M	T	W	T	F	S
1	2	3	4	5 <small>Int'l Stress Awareness Day</small>	6	7
8	9	10	11 <small>Veteran's Day</small>	12	13	14
15	16	17	18	19	20	21
22 <small>Int'l Survivors of Suicide Loss Day</small>	23	24	25	26 <small>Thanksgiving</small>	27	28
29	30					

Strength

• National Family Caregivers Month

Notes



Compassion Grows Compassion !!



December

S	M	T	W	T	F	S
		1 Giving Tuesday	2	3	4	5 Int'l Volunteer Day
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 Christmas Day	26
27	28	29	30	31		

Purpose

• National Impaired Driving Prevention Month

Notes

