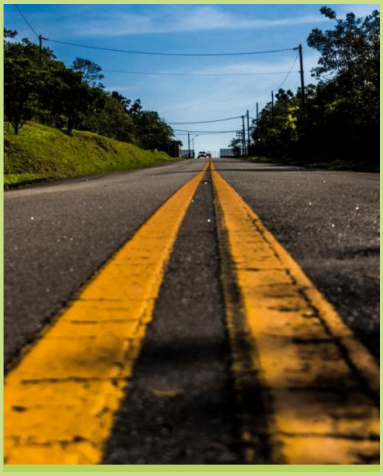
"The most important thing parents can do to reduce teen crash risk is to limit initial driving under high-risk conditions."--Dr. Bruce Simons-Morton National Institute of Child Health and Human Development



CURRICULUM

Checkpoints gives parents and teens practical structure for setting driving rules, consequences and a shared parent-teen driving agreement.

CHECK THE POINTS

- ✓ **C**omplete the agreement so expectations are clear.
- ✓ **H**ave both the parent and teen sign it.
- ✓ **E**stablish experience gradually before complex driving.
- ✓ **C**heck progress regularly and reinforce safe habits.
- ✓ **K**eep the agreement updated as privileges change.

PROGRAM CONTACT
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BEFORE EACH DRIVE

Agree on the route, passengers and return time. Talk afterward about what went well and what needs more practice.

CHECKPOINTS™

TEEN DRIVER SAFETY THROUGH COMMUNITY

Crashes can happen to anyone, but safe habits are especially important for newly licensed teen drivers. The Kentucky Safety and Prevention Alignment Network and the Kentucky Violence and Injury Prevention Program partner with counties, schools, health departments and community organizations to offer the Checkpoints program.

Developed by the National Institute of Child Health and Human Development, Checkpoints helps families address risky driving, offenses and crashes through clear limits and a parent-teen agreement.

2025-2026 EVALUATION FINDINGS

Of the parents and teens who completed the Checkpoints program:

94.7%	81.4%	88.5%
said the Checkpoints class increased their knowledge of risks new drivers face.	recognized nighttime driving as the greatest risk for a new intermediate driver.	felt the parent-teen agreement would make the first year of teen driving safer.

HOW CHECKPOINTS SUPPORTS KENTUCKY GRADUATED DRIVER LICENSING

Kentucky teens can apply for a learner permit at age 15.
Checkpoints helps families turn each Graduated Driver Licensing (GDL) stage into clear driving rules and ongoing conversations.
Kentucky GDL has three stages: permit, intermediate and full license.

PERMIT AGE 15 KRS 186.450

Pass written and vision tests.
Practice with a licensed driver age 21+ in the front seat.
Log 60 supervised hours, including 10 at night hold the permit at least 180 days.

INTERMEDIATE AGE 16+ KRS 186.452

Pass the road test after the permit period.
Under 18: no driving from midnight to 6 a.m. without good cause (such as school, work or emergencies).
Carry no more than one unrelated passenger under 20, subject to statutory exceptions.

FULL LICENSE AGE 17+ KRS 186.454

Hold the intermediate license at least 180 days and complete an approved 4-hour driver education course before applying for an unrestricted license.

Kentucky GDL requirements: drive.ky.gov/Drivers/Pages/GDLP.aspx

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